

10:45 am - 12:00 pm. Session #2: "E-MOLST/MOLST Didactic by Dr. Patricia Bomba

Title MOLST: Our Medical, Ethical and Legal Responsibility to Improve Quality and Honor Preferences

Presenter:

Patricia Bomba MD, MACP, FRCP
Founder, NY MOLST & eMOLST Programs
Founder & Emeritus Chair, MOLST Statewide Implementation Team
Co-Founder, National POLST

Description

MOLST is a set of medical orders and key pillar of palliative care for seriously ill individuals who have advanced illness or multiple comorbidities. The goal is to improve the quality of life and reduce suffering for individuals with intellectual/developmental disabilities (I/DD), the same as the general population. Unfortunately, completion of MOLST and the SCPA 1750-b process outlined on the OPWDD Checklist is most often completed in the hospital when people with I/DD experience serious acute medical events superimposed on advanced illness. Intensive care often requires feeding tubes, tracheostomies, dialysis and other extraordinary interventions that often prevent them from returning to their previous living arrangements and experiencing a quality of life consistent with what matters most to the individual.

The presenter will explore some of the challenges encountered when balancing the burden of intensive medical care with the quality of life and offer potential solutions:

- Designing and implementing a systematic approach to advance care planning for all individuals with I/DD starting at 18 years of age
 - Identifying individuals with the capacity to choose a health care agent and ensuring proper completion of health care proxies
 - Defining and documenting the individual's values, beliefs, goals and "what matters most"
- Recognizing the complexity of medical decision-making and fostering a model of shared decision-making that ensures the voice of the individual is heard
- Incorporate supported decision making when regulations are finalized
- Identify individuals appropriate for MOLST before acute hospitalization is required

Objectives

1. Identify opportunities to improve use of MOLST for Individuals with I/DD
2. Demonstrate how elements of the standardized 8-Step MOLST protocol are effectively used
3. Recognize how, when, and why the OPWDD legal requirements checklist must be completed
4. Explain how eMOLST ensures quality, patient safety and accessibility